

Cycle Training Cornwall

www.cycletrainingcornwall.co.uk



We are really looking forward to training your child to ride a bike safely and with confidence. We deliver the national standard scheme for cycle training, known as 'Bikeability'. The training will take place...

The first session starts off the road (e.g. playground) to check the children's bikes and riding skills. Non riders are taught in specific 'learn to ride' sessions with a very small number of children per instructor. More confident riders will progress on to local roads once they have demonstrated the skills required to do so safely.

All children should bring their bikes and helmets to the sessions. If your child doesn't have a bike or can't yet ride one, that's no problem at all. They may be able to borrow a bike, and we can start to teach them to ride. Please make such things clear on the consent form. We do not teach cycling with stabilisers. Please remove them before the sessions so we can teach your child to ride without them.

Please send your child to each session with waterproof, gloves, water and a snack.

Terms and Conditions:

In order to take part in Bikeability cycle training the following terms and conditions must be agreed to.

- The bike provided must be roadworthy. A non roadworthy bike will not be accepted on the course. If you're not sure send the bike to the first session and we'll check it over for you.
- The instructor has the right to withhold training at any point if they deem the behaviour or competence level of the trainee to be unsuitable.
- The trainees are insured under the Cycle Training Cornwall insurance policy.
- The completion of the course doesn't necessarily mean the trainee is ready to go solo on the road. They will have been taught the skills required but it remains a parental decision.
- Level 2 and 3 are delivered on the road, all roads used will have been risk assessed.
- Cycle Training Cornwall is not liable for any injury, loss or damage to person's property during, before or after the training.
- It is the responsibility of the parent/guardian to provide a well fitted helmet. If the trainee sustains injuries through lack of an appropriate helmet then Cycle Training Cornwall accepts no responsibility for this.

Child Consent Form

Trainee's name:			
Date of birth:			
School & class:			
Parent/Guardian:			
Address:			
Contact phone:			
Details of special educational, behavioural, medical or physical needs:			
Please circle one box to indicate your child's cycling ability:			
very confident, can signal easily	an okay rider, can signal	a bit wobbly, can't signal	Non-rider, or needs stabilisers
Does your child need to borrow a helmet?			Yes / No
Does your child need to borrow a bike? (possible charge)			Yes / No
If not, please check your child's bike and tick the boxes to confirm it has...			
Pumped-up tyres <input type="checkbox"/>		Working brakes <input type="checkbox"/>	

I consent to my child receiving National Standard Cycle Training. I have read the terms and conditions provided.

Signed	Print name and relation to child

Please return your completed form to school for in-school training, or post with your £5 deposit to: Cycle Training Cornwall, 67 Molesworth Street, Wadebridge PL27 7DS